



FOOD EDUCATION VOLUNTEER

Volunteer Position Posting

ABOUT US

The Nourish and Develop Foundation (TNDF) is a non-profit organization located in Cannington, Ontario. We connect people to nourishing food and supportive resources, empowering the community to come together to develop lasting change. Through our 2 branches of service – Food Services and Social Services – we offer a variety of programs to the whole community.

The Food Literacy program offers a variety of food-centred education workshops to all ages. The role of a Food Education volunteer is to help nurture a deeper appreciation and understanding of the food we eat and its power to bring us together. Whether it's a kid's camp about food systems or an adult workshop about meal planning, food literacy can be a tool for positive change. Food Education volunteers support these activities and are supervised by the Food Literacy Coordinator.

LOCATION

This position is in-person and based out of our main office building at 16 York St, Cannington ON.

AVAILABLE SHIFTS

- **On call;** examples of shifts include:
 - PA Day programming on Fridays from 9AM-3PM
 - Summer day-camps for kids Monday-Friday from 9AM-3PM
 - Adult workshops during various evenings from 4-6PM

KEY RESPONSIBILITIES & DUTIES

Tasks vary depending on the shift. Training will be provided. Tasks may include, but are not limited to:

- Arranging and preparing the Dining Room for programming
- Preparing program materials – e.g. activity station
- Picking up materials for programming – e.g. Foodland, printing



- Distributing marketing materials internally and to the community
- Taking initiative to provide cleaning support – e.g. organizing storage, tidying food stations
- Providing general support to the Food Literacy Coordinator, as needed
- Creating a safe, inclusive, and welcoming environment for all
- Performing other related errands and duties as required

QUALIFICATIONS

Food Education volunteers must be able to:

- Effectively communicate and work collaboratively in a team with a positive attitude
- Follow instructions from supervisors and proactively seek clarification when necessary
- Maintain confidentiality
- Wear personal protective equipment where applicable – e.g. close-toed shoes & hairnet when working in the kitchen
- Adhere to required Health & Safety procedures – e.g. proper hand-washing, food safety practices
- Demonstrate patience and empathy in working with participants of varying levels of knowledge and understanding

It is considered an asset if interested volunteers also have:

- A valid Food Handlers Certificate
- Basic nutrition and/or commercial kitchen experience
- Experience working with children and youth
- Experience facilitating workshops

OTHER REQUIREMENTS

A Vulnerable Sector Check is required for this role.

HOW TO APPLY

To apply for a volunteer position, your options are:

- Complete a Volunteer Application form online by [clicking here](#), or
- [Download a PDF copy of the Volunteer Application](#), complete it, and email it to Jenn at jennifer.barnes@tnmf.ca, or
- Drop off your application in person at 16 York St, Cannington, Monday – Friday 9AM – 4PM

If you have any questions or concerns about our Volunteer Program, please contact Jenn at jennifer.barnes@tnmf.ca or 705-432-2444.